

# Measurement Guide

1. Please measure your calf circumference (the strongest, i.e. widest area of the calf)
2. Determine your CEP socks size

## WOMEN

Calf Circumference	Sock Size
9.5-12 inch (25-31 cm)	II Women
12.5-15 inch (32-38 cm)	III Women
15.5-17.5 inch (39-44 cm)	IV Women

## MEN

Calf Circumference	Sock Size
12.5-15 inch (32-38 cm)	III Men
15.5-17.5 inch (39-44 cm)	IV Men
18-20 inch (45-50 cm)	V Men

